

# Research seminar about depression pills

**Bethesda, Rømersgade 17, København (Israels Plads)  
Thursday, 14 June from 1 to 4.30 p.m.**

Researchers from the Nordic Cochrane Centre have recently published important results on the effects of depression pills based on close to 70,000 pages of clinical study reports of placebo-controlled trials we have obtained from the European drug regulators.

These results question the rationale for using depression pills in depression, and they have ramifications also for other psychiatric drugs.

We are also involved with Cochrane reviews of psychiatric drugs, including one on withdrawal of depression pills.

At the seminar, we will discuss the latest evidence and what the consequences might be on current medical practice.

## **Programme:**

- 13.00 - 13.30 Peter C. Gøtzsche, professor.  
Benefits and harms of depression pills
- 13.30 - 14.00 Guest speaker Laura Delano, psychiatric survivor  
Risk-reducing taper protocols: An overview of methods yielding the best outcomes in the layperson withdrawal community
- 14.00 - 14.15 Coffee
- 14.15 - 14.45 Guest speaker Bertel Rüdinger, pharmacist  
What happens when psychiatric drugs are being slowly withdrawn?
- 14.45 - 15.15 Anders Sørensen, psychologist and PhD student  
Scientific evidence about withdrawal and practical guidance
- 15.15 - 16.30 General discussion

Register now by sending an email to [general@cochrane.dk](mailto:general@cochrane.dk) (admission is free). Please note your background in the email, as we will preferably admit health professionals if the seminar is overbooked.